

	<b>Instruction</b> <b>Provision of occupational health and safety for external Suppliers</b>	Edition: 2020-12-18 Page: 1 z 3
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## HEALTH AND SAFETY REQUIREMENTS FOR SUBCONTRACTORS AND SUPPLIERS PERFORMING WORKS OUTSIDE THE PREMISES OF CRIST S.A. SHIPYARD

CRIST S.A. Shipyard as part of the Integrated Management System organizes occupational health and safety in accordance with the ISO 45001:2018 standard. During the cooperation with our Subcontractors or Suppliers who perform work on the premises of their facilities in order to carry out ordered services or material deliveries to CRIST S.A. Shipyard, we require them to meet the requirements of the health and safety management system. Our intention is to fulfil the requirements that are summarized in this document by contractors and their employees. In the purchasing process carried out in our company, we define and apply health and safety criteria to the selection of contractors.

### All persons performing works for the benefit of CRIST S.A. Shipyard are obliged to comply with the following rules.

#### 1. Personal protective equipment

All employees must be equipped in:

- hard hats,
- work clothes (welders should have flame-retardant protective clothing),
- protective shoes with steel or composite toecaps,
- hearing protectors (if the noise exposure limit is exceeded at the workplace).

The above listed personal protective equipment is compulsory.

Depending on the work performed, additional personal protective equipment shall be used.

For example:

- when working at height, in the absence of a barrier, fall protection measures shall be used (e.g. safety harness, rope with shock absorber, self-locking devices, etc.),
- during grinding work - use of protective goggles or a visors and dust masks with appropriate filters.

#### 2. Basic principles of work on scaffoldings

- It is allowed to work on scaffolding only when it has been inspected by authorized persons and has a daily checkout acceptance, the confirmation of which is to be found in a visible place at each communication staircase/ladder. **Attention!** Daily inspections do not release employees from paying attention to the condition of the scaffolding on which they are to work.
- In the event that the scaffolding hinders the work or needs to be erected, altered or dismantled, report it to the supervisor. It is not allowed to arbitrarily erect, alter or dismantle any scaffolding!

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- During the erection, alternation and dismantle of the scaffolding only scaffolders may stay on the scaffolding. Their work area shall be fenced off, with no unauthorized access.
- Remember not to load the scaffolding beyond the scaffolding allowable load.

### 3. Tools and validation

All equipment (tools, devices, machines) must be fully operational and have an up-to-date, documented validation. It shall be remembered that tools such as for example: oxygen-acetylene hoses, slings, hoists, etc., must have a visible marking confirming the date of the last granted approval or indicating the date of the next validation.

### 4. Basic principles of work in confined spaces:

- Obtain a permit to perform works.
- Make sure that the tank is degassed and a degassing certificate has been issued and that the atmosphere has the relevant parameters (minimum 19,5% of oxygen and maximum Low Explosive Limit of 10%).
- All openings must be open; if the hatches are closed, the tank is not degassed even if a degassing certificate has been issued.
- Air-blowing shall be used to ensure proper aeration of the tank, especially in the case of performance of works involving a fire or toxic hazard.
- Make sure there is a lighting in the tank; if not, you need to use individual lighting (portable lamp).
- Make sure that a sign is hung in front of the entrance into the tank, indicating that the tank is degassed. If the date of a given day is not there, you are not allowed to enter the tank and you should report it to your supervisor.
- If you perform welding or assembly works during which harmful and dangerous substances are released, an extractor should be provided.
- Individual work in confined spaces is prohibited. You work in pairs or larger groups.
- **The person assisting the works performed in confined spaces does not enter the tank!**
- If you feel unwell, stop working immediately and leave the tank.

### 5. Hot work

- All combustible materials shall be removed from the area where hot work is to be performed and equipment exposed to the effects of hot work process must be secured.
- All adjacent areas must be inspected before commencement of hot work.
- In the work area there should be a hand-operated fire-fighting equipment, e.g. a fire extinguisher or a fire blanket.
- If required, a hot work permit must be obtained.

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## 6. Vertical transport operations

- Persons involved in the vertical transport operation are required to have appropriate and documented qualifications.
- The person performing the function of a signalman - slinger should be appropriately marked (e.g. reflective vest, marking on the hard hat, etc.)
- The operation zone shall be designated and secured against unauthorized access.

## 7. Readiness and responding to emergency situations

We expect that our Subcontractors and Suppliers have implemented procedures for dealing and responding to potentially emergency situations by:

- Establishing a planned response to emergency situations, including first aid.
- Providing training for employees on planned response.
- Periodic tests and drills of planned response ability.
- Assessment of the effects of actions, if necessary - updating of the planned actions after drills, and in particular after the occurrence of an emergency.
- Communication and providing all employees with relevant information about their duties and responsibilities.
- Providing relevant information to contractors, visitors, emergency services, authorities and, if appropriate, the local community.
- Consideration of the needs and capabilities of all parties concerned and ensuring their involvement in the development of the planned responding.

## 8. General health and safety regulations apply to all aspects of work safety not included in this document.